

## Newsletter - June 2009

**Sudoku:** Sudoku is a very simple logic-based placement game using numbers. It's fun, it's challenging and it stimulates the mind! Each of the nine horizontal and nine vertical lines need to contain a number between 1 and 9. Each number can only be used once per line. Each number can also only appear once in each of the nine zones marked by the bold outline.

**Holidays:** If you need vaccinations for a holiday abroad, please remember to arrange an appointment with the travel clinic **well in advance of your journey**. Some vaccinations have to be ordered and some are not available on the NHS and will therefore require payment. Don't forget to ensure that you have a sufficient supply of your normal medication before travelling.

8	6	5	1	9	4	2		
			6		5			1
		7		2				4
	5							6
		2				1		
4							2	
9				6		4		
5			3		7			
		4	9	1	8	5	7	2

**Surgery Closures:** Please remember that the surgery will be closed for the afternoon from 12:30pm for staff training on Wednesday 1<sup>st</sup> of July and Wednesday 2<sup>nd</sup> September 2009.

**Missed Appointments:** In April there were 266 missed doctor or nurse appointments. We feel that this number is not acceptable and we urge patients to contact the surgery if they are unable to attend, so that someone else, who may be in urgent need of help, can benefit from your appointment slot.

**Minor Ailments:** Please remember that these can often be dealt with by the practice instead of going to an A&E department. Your local pharmacist can also offer advice and has a leaflet available for further information.

**Practice Booklet:** This is now available to be picked up in the waiting room. This 2009 edition has all the update information you may need to know about the practice.

**Patient Information Leaflets No. 1 & 2:** These leaflets, which give you important information about 'How to get the best out of your practice' concerning booking an appointment, car parking, waiting times and out-of hours service are still available near the check in screens. Please take your free copies.

**This leaflet has been produced by the Kenmore Patients Group. If you have any comments or suggestions about future editions, please write to the Chairman, Mr Andrew Blain, c/o Kenmore Medical Centre or contact us on our e-mail address, or complete the slip below and leave in the box provided in the waiting room. Thank you.**

Name:

Address:

Comments:

E-mail Address: